

MIND CONTROL TO MAJOR TOM

My experiences with brain manipulation.

Forced thoughts, control of limbs, 'waking up' at a different location, manipulation of feelings, manipulation of erection, blackmail and more.

Warning: This is extremely dangerous technology. If you don't know this, don't understand this, can't recognize this, then you are a robot. And be careful: What they can do to you, they can do to someone close to you.

Peter Mooring

Version: 2.1

5 January 2023

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History

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Change list:

Some minor text corrections.

Added new experience:

- Thought soup to stop you doing things

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Change list:

Some minor text corrections.

Added new experiences:

- Changing the position of your arms, legs
- Manipulating your erection
- Manipulating 'in love' feelings
- Digging into your brain
- Using your thoughts to blackmail you

Version 1.0

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First version.

Introduction

This document contains the collection of texts I wrote in the first half of 2022 and in December 2022 about my personal experiences with brain manipulation. I already wrote some articles about this many years earlier, you will find two of them also in this booklet.

These texts do not deal with (technical) explanations of how your brain can be remotely manipulated. You can find many pages on the internet about this.

The main reason I wrote these texts is to inform people and to document it (again) for myself. Some people may be under similar attacks, others may be interested what can be done today.

I always write 'with a delay' meaning is that I try to avoid writing about targeting experiences and methods when a certain type of targeting just started. If you do this, the attackers may do all kinds of crazy things to confuse you.

What I mean with 'brain manipulation' is the attack of the brain with neuroweapons from a distance. Neuroweapons target the neurons in your brain.

With a neuroweapon I mean a device that emits frequencies with the aim to manipulate your thoughts, mood, body functions, via your brain. A receiver device can be used to try to read your thoughts. This is a (far) more advanced form of what is called Remote Neural Monitoring. Reading thoughts means comparing patterns with a large database at high speed.

I consider a neuroweapon different from a high power frequency weapon, often called a Directed Energy Weapon, that can also be aimed at your brain to give you a headache, loose consciousness, cause vertigo, etc. But also can be used to burn you, cook you, pressurize, etc.

I am a Targeted Individual and get the full package. The About me section at the end of this booklet contains a timeline.

Peter

Voices and thoughts

Many people who are under attack, mention they hear voices. They hear people talking to them. They hear sentences. This is called V2K (Voice2Skull) or Microwave hearing.

Fortunately, I do not hear voices. I do not hear sentences. There is nobody talking to me. There was only one occasion when I heard voices and sentences and that was a few days before the 24/7 attacks started. It lasted no more than five minutes. I believe this was done with something called Directed Sound.

Starting in 2006 I noticed thoughts were being forced into my brain. These are not sentences but more like a single word without audio or whatever. It is not a word, but a thought, I cannot describe this in another way. Maybe it is another form of Microwave hearing, or more like what is called Subliminal Messages, or more probable, Silent Sound, information that is sent to you, that targets unconscious thought.

Of course, you doubt yourself when this happens. But when I had enough answers to my questions, I could only conclude that this was very real.

I do not believe that the impact on a person hearing voices is different from a person attacked with forced thoughts. In both cases, the impact is enormous. But dealing with forced thoughts is more difficult because you must constantly be aware that your thoughts may not be your own.

Resisting brain manipulation

The human brain has no firewall. We could try to shield our brain with frequency absorbing materials. Or we could try to jam some frequencies, because brain manipulation heavily relies on feedback. Some people claim they had some success with these methods.

But both are not very useful if you want to live what is called a 'normal' life.

That is why I forced myself not to use any of these methods, but instead tried to become much more aware of my thoughts. More specifically, to think about what I am thinking, is this thought really my thought, why do I want to do this, why do I want to go there, etc.? There is nothing wrong with that. This took me about three years, and although I believe I can now recognize when they are trying to control me, sometimes I still fall for it, but most of the time I also come to my senses almost immediately and can stop it.

This has nothing to do with meditation. Meditation is dangerous because you think, or can be made to think, that it helps against brain manipulation. It does not.

Summary: When you think you are a target of brain manipulation, bring your consciousness to a higher level, don't act impulsively, but instead think about why you are having certain thoughts.

1. A repeating foreground thought

16 April 2022

Description

This is not a voice. It's more like a word, an event, flashing on and off (bang-bang) in your brain. There are no sentences. The thought intrudes between your normal thoughts. You cannot make it disappear.

Started

Around 2008. The year coincides with statements by Dr. James Giordano in 2018 in which he says they "went out" in 2008 to prove that the mind control technologies they had developed, really worked.

When

Sometimes it's there for 15 minutes, or a few hours, sometimes 24/7, sometimes it's gone. Depends very much on whether you follow the thought. Stops if you follow the thought or resist it for a very long time.

Examples

1. 'John, John'

Somehow related to the fact that you must contact John. The idea is that you contact John.

2. 'Accident, accident'.

Somewhere related to a terrible situation you have experienced. The idea is that by allowing this thought to occur, you will start thinking about / digging for related information from this experience. You may feel embarrassed because you know you did not act correctly.

How you can handle this

I have spoken to people who claimed they could stop this by wearing a hat with frequency blocking materials, including mu-metal. They may be right but I can't wear a hat all the time. I decided to go for no protection and try to learn to recognize it. That's about learning to think why and what you

think. It took me three years. And after many years, sometimes I am still not aware enough. Some times, at some point I think: Stop, this is not my thought!

Details

A TI contacted me in 2008 and wanted to talk in person. Her harassment was about thoughts in her head. We met and she came with a man. She was a (beautiful) woman around 25 years old. She called this man a friend, but he seemed more like her handler to me. We sat down in a coffee corner of a hotel, we were the only people there. She sat across from me, it was a small table. The man was sitting at another table, maybe five meters away. Then she started talking and her sentences were about words that I was thinking about at the same time. This went on for about 30-60 minutes. I was totally confused, thinking the whole time, this is not possible! Stop! But I didn't show this or say this to her and did my best to have a conversation. Occasionally I looked at the man but he seemed busy, looking at his phone. She and the man left. I sent her an email, she replied that it was still going on but that she was otherwise doing well. I never heard from her again.

See also

Warning: you no longer can trust your own thoughts

<https://www.stopeg.com/warning-you-no-longer-can-trust-your-own-thoughts.htm>

2. You start singing a song related to your life at that moment

20 April 2022

Description

You start singing or humming a song. It is not the full song, just the start of it, the first words. You say these words, often aloud. And it is not just a song. The horror is that it is a song about what is going on in your life at that moment. There is no audible voice or melody. It must start somewhere in your subconscious.

Started

2008 - 2009. In 2009 I was contacted by a TI who told me they were putting songs in his head that related to his life.

When

All the time. And again, some times when you would expect it, it is not there.

Examples

1. When I walk into the kitchen and there is sun, they force the start of the song 'Good day sunshine', or 'Sun sun sun here it comes'.
2. When I feel down, depressed, they force the start of the song 'Waarheen waarvoor'. This is a song played at funerals in The Netherlands.
3. When walk into my garden in the evening and look at the aircraft and lights from satellites, they force the song 'Ground control to major Tom'. Or 'Hoog Sammie, kijk omhoog Sammie', words of a Dutch song meaning 'look up, look up Sammie'.

How you can handle this

I can't stop this, but I've learned to recognize it. Sometimes, just for fun, I change the song. For example, they force the song 'I want to be in America'

(West Side Story), and I change it to 'I don't want to be an American'. I'm very aware of it, but often I fail and am late in recognizing it, don't notice it until after I've said the words. If you are alone there is no problem. But it is not appropriate when you are in the company of other people. Sometimes I apologize, sorry, or make a comment, like 'nice song'. Terrible.

Details

A TI from America fled his country and traveled through Europe on his bicycle. He contacted me in 2009 when he was in Belgium. Maybe six months before he contacted me, I noticed that I often started singing songs. I even told someone about it at that time. For every occasion there is a different song. I was somewhat confused about this, was doing this too often, this was not normal.

I invited the TI to come and stay at my house for a few days. When we talked about our harassment, he told me they were playing songs in his head that had to do with his life. He looked at me and asked if they were doing this to me too. I was shocked and realized at that moment that they had been doing this to me for months. I remained cool and said, must be horrible for you, and no, I have never experienced this. He left after a few days. From that moment I fought this by trying to recognize it.

See also

Warning: you no longer can trust your own thoughts

<https://www.stopeg.com/warning-you-no-longer-can-trust-your-own-thoughts.htm>

3. Suddenly you are at another place in your home

21 April 2022

Description

You kind of wake up in the kitchen while you remember you were sitting behind your computer in the living room. You also vaguely remember getting up and walking to the kitchen. There was no voice instructing you to go to the kitchen. You somehow just lost control and blanked out a bit and acted like a robot. Total confusion. What am I doing here? Why am I here

Started

2008 - 2009.

When

Occasionally.

Examples

1. You 'wake up' in the kitchen but there was no need to go to the kitchen.
2. You 'wake up' standing in the toilet but there was no need to go to the toilet.
3. You wake up' standing somewhere in your house but there was no need to go to there.

How you can handle this

At that time I was already very aware that they wanted to manipulate me. Or should I say: Experiment on me. I forced myself never to act on impulse, I quickly learned not to move if I felt an urge to move, to get up. This is probably much more easy to detect than for example saying words of a song, see 'Mind control to Major Tom (2)', because movement causes all kinds of (bigger?) triggers in your brain.

Details

Fortunately, I was soon able to avoid these robotic movements. If I felt the need to stand up, to walk somewhere, I could stop this. In the beginning I stood up, but the moment I stood I remembered to think why I was standing, was there a reason to stand? Yes, there was something that somehow made me think of 'the kitchen', but was there a reason to go to the kitchen? No, there wasn't. So I sat down again. Crazy. After many times, I was able to stop this getting up. What I want to say is that this was easier to learn than not responding to forced songs. Sometimes I still worry that I will 'wake up' in a different place, but that doesn't happen anymore. So I believe I am in control of this manipulation.

See also

Warning: you no longer can trust your own thoughts

<https://www.stopeg.com/warning-you-no-longer-can-trust-your-own-thoughts.htm>

4. You are being attacked on changes in your brain activity

25 April 2022

Description

This is not about mind reading. It's about changes in your brain activity. This is also known as (part of) Remote Neural Monitoring (RNM). The attackers use these changes to let you know they are watching you by creating responses such as sounds and/or (radiation) beams. It is a next step in letting you know that there is no more privacy. Not even in your head, in your mind. Pretty horrible.

Started

2005 - 2006.

When

Very often, usually when I am lying in bed and start thinking about something, or almost anywhere when my breath stops for a moment. 'Almost anywhere' sounds ridiculous but that is what I experience.

Examples

1. You lie perfectly still in your bed and start thinking about something. This causes a 'plock' sound, or some other sound somewhere nearby, or a radiation beam.
2. You hold your breath for a moment, a few seconds longer than normal breathing. This causes a sound somewhere else. This can be a car horn, a barking dog, a slamming door, a scream.
3. You relax and stare ahead for a moment. This is what we do a few times a day. When I do this, then after a few seconds there is a sound.

How you can handle this

There is no protection against this. You cannot live with this but you must. There is only one way and that is to accept that this can be done. That is very difficult because this is one of the last things you thought that was private. I was also angry. It took me 2-3 years to accept this.

Details

Changes in brain activity can be measured remotely and is part of, what is called Remote Neural Monitoring (RNM). I read about this but still was shocked and felt depressed when I discovered that they could do this to me. I did a lot of 'tests' to verify this. One of the first things I did: I was in my bed in the night. I was fully relaxed, and my eyes were closed. Then with eyes closed I moved my eyes like looking to the right. Immediately there was bang on the wall somewhere. Reactions when shortly stopping normal breathing, and staring ahead were easy to verify.

It started then and never ended, meaning my brain was and is under surveillance 24/7. Most reactions are by human operators, a number are computer generated.

It is not only in my house. I already wrote that when I am outside, attacks are from the sky.

One night, somewhere 2008-2010, I tried if I could fool the system. I totally relaxed my body and mind, like I was falling asleep, but I remained conscious. Then after a few minutes I suddenly heard someone talking on the other side of the wall. After may be 15 seconds I moved up and the talking stopped immediately. Success, I fooled the system, but what to do with it.

Why would someone want to do this? The only reason I can think of is that they want to experiment on you and destroy you. This is another way to torture you. Mind control programs are, most of the time, torture programs.

See also

Warning: you no longer can trust your own thoughts

<https://www.stopeg.com/warning-you-no-longer-can-trust-your-own-thoughts.htm>

5. They look through your eyes, can they really?

2 May 2022

Description

You look at something and immediately there is a sound or radiation beam to indicate that they know what you are looking at. Or they create a situation to let you know that they know what you are looking at.

Started

2008

When

Mostly when I am walking outside, shopping, in my car.

Examples

1. You are sitting at your computer and no one can see your screen. Every time you click on another website there is a sound, or a DEW beam. They let you know that they know that.
2. You walk behind a woman, not close but five to ten feet away. They make the woman scratch her behind or back when you look at her. This is easy to do with DEW. They let you know that they know that you were looking at her behind, which may be true, I don't know, you just look at people walking in front of you.
3. You are looking for another, used, car. You have selected three cars. Every time a selected car comes near you, they shoot you with DEW. They let you know that they know that you were looking at this car at that moment.
4. You are in the supermarket and see an attractive woman. When you are at the checkout, the same woman comes and stands directly behind you. They let you know that they know that you looked at her with some interest as you passed by her, and they arrange this situation.

How you can handle this

I was fascinated by this, probably also because I was contacted by people, then and now, who tell me they can look through your eyes. Some are fake victims, some are not. I handled this by accepting that they can observe some things through your eyes but certainly not all, and I think I have proof of this.

Details

Let me start by mentioning that they can 'see' what you type on a keyboard, and they can 'see' what is on your computer screen. That is 'easy'. They can hack your computer or phone, but there are also devices and methods that can observe this remotely. There is no protection against this unless you have the ability to be in a fully shielded room, and generate your own electricity. What I am saying here is that watching what you do on your computer or phone does not mean that they are looking through your eyes!

Around 2010, I found an article on the internet that described the following test. Ten people stood side by side. They were told to look at a painting. During this time, they measured the brain activity of these individuals. It turned out that the brain activity of the individuals was very similar. This would mean that you could make people look at a picture, and then put this brain scan into a database. This way, you can load a database with brain signals and images. And, then later when you scan a person's brain, you can try to match the brain signals with an image. Bingo. But are they really looking through your eyes?

I believe an implant is not necessary to scan your brain. There are patents that show they can scan your brain without an implant. But do they scan your brain all the time? That's pretty expensive in computing power.

When I was driving my car and looking for another car, I was beamed whenever I saw a selected car, but also sometimes when I didn't see the selected car. For example, I looked down somewhere to check the speed and there was a beam. I looked up and there was a car I had selected. This means that they were not looking through my eyes, but they were watching me second by second, in a different way. They thought I saw the other car, but I did not. I already wrote that I am usually followed by planes.

I am in a supermarket and see an attractive woman. I look at her, probably with more attention than when I look at other people. When I get in line at the checkout, the same woman arrives and gets in line behind me. I notice that after a while this woman begins to look around, and after another while walks away confused and continues shopping.

Another example. The same situation with a woman, but now the woman is standing right at the exit of the checkout line. She has already paid. When it's my turn at the checkout, the woman is told by a store clerk that she can go, and she leaves, looking confused.

I am being followed everywhere, they want to see every move I make. I know who they are, not because I know them personally, but because I know how these people operate. They come to the same supermarket, they arrive at the same time, they don't buy much, just one or two things. They are not shopping but they are watching me. It could certainly be that a different brain activity is observed the moment I see a woman I find attractive. And that this is a signal, an alert, to take action. This is my life.

There are always persons around me giving random people instructions to act in certain ways. Are they looking through my eyes? In the beginning I was wondering if they could. They may see something, but sometimes they are completely wrong.

See also

Warning: you no longer can trust your own thoughts

<https://www.stopeg.com/warning-you-no-longer-can-trust-your-own-thoughts.htm>

6. They make you do things at a certain time

5 May 2022

Description

What can I say? It can't be true? But it is, for me at least. This is similar to what I described earlier in '1. A repeating foreground thought'. But it is also different because this one is with much more accuracy in time. They really can make you do things at a specific time.

Started

2008-2009

When

Several times a week.

Examples

1. Having you look at your watch at eleven minutes past nine, 9/11. Insane.
2. Making you look at the time on your computer at eleven minutes past nine, 9/11. Insane.
3. Making you go to the toilet at the same time that another person in your house wants to go to the bathroom.

How you can handle this

I can only cope by accepting that this is possible. It feels a bit like I am a robot. But I am different from a robot (I hope)!

Details

At first I was afraid I couldn't control myself. And I couldn't, and it still happens, but it's really only with watching at the time at eleven minutes past nine. 9/11.

A lot of things are very simple to explain. You can attack a person with a DEW 'urinate' beam, it is irresistible. The 'urinate' beam is one of many ways to attack someone. When they do this with high intensity there is only one thing you want and that is to go to the toilet. So you get up and go to the toilet.

They also attack another person and this other person and me arrive at the toilet at the same time. That's funny once, but not all the time. Ok, you go first, no problem. I try my best to avoid this, by introducing random delays, because it can lead to weird situations if this happens all the time.

If we eliminate this, eliminate the DEW induced synchronization, then there is still the '9/11 look at the time' moment. I cannot block this, it sometimes happens several times a week. Should I avoid looking at the time in the morning? No, it doesn't cause any problems. It's more that I find this pretty horrible. I don't want to do this. But I do it, why I don't know, there is no voice or though I feel, there is nothing I notice. I cannot stop it.

See also

Warning: you no longer can trust your own thoughts

<https://www.stopeg.com/warning-you-no-longer-can-trust-your-own-thoughts.htm>

7. Can they make you burp via your brain?

12 May 2022

Description

They often shoot at me with a Directed Energy Weapon (DEW) to make me burp. Usually to synchronize burping with other events. How do I know that a DEW is being used? Because in many cases when burping I have burning sensations on my back, chest and/or throat. And when the intensity of the beam is high enough, it feels like I am being cooked alive, with gall coming down my throat. But on other occasions, I have no feeling of burning or cooking. Is it a low intensity, different frequency, or can they do it through your brain too?

Started

2008.

When

Mostly for synchronization purposes, but sometimes to torture me. Very high intensity, very long burping with cooked upper body.

Examples

1. You sit at your computer and when you open a new website 'they' make you burp.
2. You are in the company of other people and 'they' make you burp. Especially on certain moments.
3. 'They' synchronize burping with people passing by your window, or, if you are in your car, when you pass other cars.
4. 'They' punish you (because you did something they don't like), and you have continuous maximum burping with cooked feeling.

Details

I think it's important to first explain what it feels like when they do this. You feel an immediate urge to burp. You can't stop this from happening. When I'm alone, I open my mouth and let it go naturally (burp!). If you don't do this, you get 'bloated', as if it fills you up like a balloon. But when I am in the company of other people I try to suppress this. You probably know this yourself, you keep your mouth shut and try not to show what is happening. Then you turn around and open your mouth and slowly let go and blow away the extra air.

They can do this with low intensity and with high intensity. With low intensity, you feel it coming, you have a few seconds to react. With high intensity, you have almost no time, it's there and you have to burp.

After a few years, I learned to control this even when I was in the company of other people. In the beginning, burping was definitely always with the Directed Energy Weapons (DEW). I had burning sensations and sometimes cooking sensations. But after a few years, around 2010, I sometimes felt nothing like burning or cooking, but I was still forced to burp.

Today, 2022, this still happens very often, and usually I feel burning and/or cooking, but sometimes I don't feel this, no physical sensations. What is going on here? Are they using different frequencies to attack my body, or can they also make me do it through my brain? Or ... are they tricking me and want me to believe that they are doing this with DEW while at the same time they are attacking my brain to make it happen? And then want me to spread information about burping by DEW while is in fact disinformation?

They also make me fart to synchronize events. But with farting I don't remember ever having a burning sensation in my lower body. Maybe that is a different beam, a different frequency, or maybe the lower part of your body is less sensitive. Or is it also possible via the brain?

This is difficult, but I am sure they often bombard me with high intensity DEW to make me burp. The burning and cooking feeling is very real.

See also

Warning: you no longer can trust your own thoughts

<https://www.stopeg.com/warning-you-no-longer-can-trust-your-own-thoughts.htm>

8. Unfortunately, they can guess some thoughts

5 June 2022

Description

Can they read your thoughts? Do they know what you are thinking about? Do they know your secrets? And the (my) answer is: Yes, but with limitations.

Started

2008.

When

Always. They want to let you know that they know everything about you. Sometimes they want to prevent you doing things, like organizing a conference about this subject, by suggesting that they will confront you with dirt about yourself. Thought reading (suggestion) is not only used to mentally torture you, but also used as backmail new style. They (try to) confront you with your deepest, most secret, thoughts.

Details

It is horrible to know that other persons know your thoughts, or, more precise, to know at certain moments what you are thinking about. The last thing you thought was private, is not private anymore. When I think of this, I often think of 'The Final Frontier', not because there is a Star Trek movie with this title, but because it IS the final frontier. It is the end-of-humanity-as-we-know-it.

Examples

1. You think of a certain situation, and they react using sounds or beams.
2. You think of a certain situation, and they force specific thoughts into your brain.

How you can handle this

Accept that it can be done, do not believe they can read all your thoughts. Be prepared in case someone would confront you with your deepest thoughts.

Details

I must start by mentioning that there is a lot of suggestion here. Assume they know when you think about sex. They let you know with sounds, beams. At this moment you know that they can decode at least one thing that is going on in your brain. Then, on another occasion, while you think about something else, e.g. money, they also react. How do you know if they know what you were thinking about? You don't, at least not when this happens in the beginning. And this can drive you crazy.

Once you understand that they can react to specific thoughts, read brain patterns, and there is a synchronized reaction, you immediately will start thinking what you were thinking about at that moment. You will think: Can they read this thought too? Paranoia.

When you are a target, they will dig into your past. They let you know that they know. Typical spy stuff. But they certainly will find something that can be used against you. Nobody is perfect. Some things you did wrong, some things you thought nobody ever would know. Everyone has secrets, nobody is perfect. It may not be shocking, but you prefer other people not know about this. Again, nothing is wrong with you, you have the same secrets as most people.

Blackmail is the main work of spies, but today they can get more details by monitoring / analyzing your brain activity. Fantastic. Dr. James Giordano mentions this in his presentations. They look at your brain activity because they want to know 'what makes you tick'. And once they know what makes you tick, they can disrupt this. I will write another post about how they dig into your brain, how they do this.

I do not know exactly when this started, but it must have been around 2006-2008. At a certain moment I started receiving emails with nonsense text. Looked like random words. Then at a certain moment it looked like

these emails contained some information about me, but not just about me, but what I had been thinking about. Weird, this cannot be true, I thought.

At that time, they already reacted to changes in my brain activity, but could they also recognize patterns of brain activity and respond to this? The emails slowly started to contain more details but then suddenly stopped.

Since 2008 they started to react to certain thoughts, not just some brain activity changes. It is now 2022, and I can only confirm that it is possible for them to at least categorize a number of my thoughts.

They want you to believe that they know everything you are thinking about. I can only say that this is not true, well not for me. And not today, but how about tomorrow? How do you know which thoughts they can decode? And does it matter to know this? Will you feel better?

You cannot protect yourself against these attacks. But you can protect yourself against being confronted with persons saying things they should not know. By preparing a script with answers to questions. Prepare your answers. And be confident. But probably nobody will say this or that. Because then these persons will expose themselves as agents.

This looks like the gang stalking case where they suggest that they film you and watch these films with others. Yes, maybe they film you, but you will never see these films or be able to obtain a copy. Because that would prove you were right.

IMPORTANT: I already wrote about forcing thoughts. In my opinion this is relatively easy. Many people who claim that their thoughts are being read, are misguided by the fact that thoughts can be forced into their brains.

Example#1: When you are behind your computer, you think about overweight. Then they send you an email 'Overweight solutions'. You may think that they read your mind and respond with this email. While all they did was make you think about overweight and send you this email.

Example#2: When you are talking to a person, you start thinking about tv-show xyz. But they also make the person you talk to, think about this. Then

this person starts talking about tv-show xyz. If you do not understand that thought forcing is easy, you will believe that they have read your thoughts while they did not. They were only forcing thoughts.

The summary about thought reading is that they (again) can make you feel (much) more horrible by letting you know what you are thinking about. Another form of torture. And of course they do this, because it is their job to make your life horrible, to take you down.

See also

Warning: you no longer can trust your own thoughts

<https://www.stopeg.com/warning-you-no-longer-can-trust-your-own-thoughts.htm>

9. Can they reprogram your brain?

13 July 2022

Description

You start thinking something like "Hey, I haven't been (DEW) blasted in a while". Immediately you starting burping or get the urge to burp. Think-about-attack -> burp. If this happens several times you start to wonder if they can reprogram your brain. I mean: you think of 'A' and your brain automatically generates the burp signals for your body.

Started

Not sure, somewhere around 2010.

When

Anytime, anywhere.

Examples

1. You sit at your computer and think something like "Hey, I haven't been (DEW) blasted for a while". Immediately you burp or get the urge to burp.
2. You are driving in your car and think something like "Hey, I haven't been (DEW) blasted for a while". Immediately you burp or get the urge to burp.
3. You are walking in the streets or in the woods and think something like "Hey, I haven't been (DEW) blasted for a while". Immediately you burp or get the urge to burp.

Details

Around 2010, I began to believe that it might be possible to make you burp by attacking your brain as well. This, in addition to making you burp using the "brute-force" Directed Energy Weapon blasts. The first thing I did was to determine if burping in such a case was related to a beam I could feel. Burping 'light' means you don't really feel a beam. Burping 'medium' means you feel the beam, but it's not painful. Burping 'extreme' means you have

burning sensations (and worst), this can be very painful.

Now assume that they can also make you burp through your brain, I mean by attacking your neurons. After all, our brain is a computer in many ways. Would it be possible for the mind controllers to reprogram your brain, that is, would it be possible to rewire your brain? In programming terms, can they hack your brain as follows: An area in your brain that is responsible for burping, is connected to an area in your brain that processes your thoughts and filters the word 'attack'. On a match, it triggers the burp.

To make a long story short: No, they did not reprogram my brain, well that is what I concluded. My personal case is quite extreme because I am watched 24/7 and attacked second-by-second. Inside my home and when I am outside. It can also be that the thought "Hey, I haven't been (DEW) blasted for a while" was induced (what I call a forced thought) and immediately followed by a DEW beam.

In my home, it is easy to attack me using Remote Neural Monitoring (RNM) and matching a brain activity pattern. Outside, it is more difficult, but I have written many times that I am followed everywhere, including by aircraft. It is possible to pick up brain activity (changes) at great distances (there is a patent describing this). I think they want me to write that they can do this too. But they can't. Not today. But maybe tomorrow. They will certainly work on it. Torture and how to make it more horrible.

See also

Warning: you no longer can trust your own thoughts

<https://www.stopeg.com/warning-you-no-longer-can-trust-your-own-thoughts.htm>

10. Forced thoughts and microwave heating

16 July 2022

Description

By sending you forced thoughts and simultaneously heating your head (by microwaving it) they can create better effects. A heated head is associated with anxiety like fear or concern.

Started

Somewhere around 2012.

When

Frequent in the beginning, once in a while after that. In the beginning you are unaware. There is not much fun for them when you know.

Examples

1. They make you think of a person and simultaneously heat your head. You feel hot and may start sweating.
2. They make you think of something, and simultaneously heat your head. You feel hot and may start sweating.

Details

As I wrote before, I believe that forcing thoughts into your brain is relatively easy. I do not hear voices, nobody is talking to me, there is nothing that makes me associate this thought with a sound.

When they started doing this, I tried to figure out ways to prevent myself from going crazy. I slowly learned to distinguish between my own thoughts and external thoughts. But then they started also heating my head at the same time.

We associate a heated head with anxiety, the sense of uneasiness, distress, or dread. This means that by heating your head at the same time of an

unpleasant forced thought, you get an extra negative vector.

When they started doing this, I 'fortunately' was already attacked with Directed Energy Weapons, microwave blasts, burning, cooking, etc., and forced thoughts, meaning that I was able to understand what they were doing. The only thing I had to do was learn to recognize this in its early stages. Crazy, never learned this at school!

As I believe they are able to partially decode your thoughts, or subvocal speech (talking in yourself generates signals that can be picked up from a distance), my defense was to immediately force myself to think about other things. I created a list of possible things to think about at such moments, my 'counter-thought-list'. This makes it more easy for me, and hopefully I can disrupt their loop-back system. I am not going to tell you what is on my 'counter-thought-list', except that it is not NSA-friendly ...

Now assume, they do this to a person that does not know anything about this. You can imagine what will happen.

Essential read when you are attacked

Bioeffects of Selected Nonlethal Weapons (Unclassified)

https://www.stopeg.com/doc/bioeffects_of_selected_non-lethal_weapons.pdf

11. Changing the position of your arms, legs

23 December 2022

Description

You notice that your arms or legs are moving to another position sometimes without there being any reason for this.

Started

Somewhere around 2009.

When

Only happens when I am sitting opposite someone. A number of times in the beginning, after that a few times a year, but the 'fun' is gone for them when you have noticed this and are aware.

Examples

1. You sit opposite someone and the other person sits with crossed legs. After a while you notice that you are also sitting with crossed legs. Then the other person changes the position to legs wide. After a short time you notice your legs are also changing to the wide position.
2. You sit opposite someone the other person has his arm on the armrest. After a while you also notice that your arm is also on the armrest. Then the other person changes the arm position and puts his hand on his lap. After a short time you also notice that your hand is on your lap.

Details

I have been telling for over 10 years that it is possible to record your motor skills through your brain, and then play back. Start recording and raise your arm. Play back and your arm goes up. Electrodes are NOT required. Pretty horrible torture when you understand what they are doing to you.

One way they can use this is to make the other person think you are intentionally mimicking his movements, and makes him wonder if you are

harassing him. While you have totally no idea that you are doing anything special!

Again, quite shocking when you discover this, but fortunately not difficult to control when you are aware. When you notice your legs or arms moving, check the other person and stop this.

Video demonstrating basic movement

How to control someone else's arm with your brain

<https://youtu.be/rSQNi5sAwuc>

12. Manipulating your erection

23 December 2022

Description

You notice that you get an erection at weird moments or that your erection suddenly disappears at unexpected moments.

Started

December 2006.

When

I have this forced erection often in the middle of the night, and then I wake up. Sometimes it is also early in the morning after I woke up.

Unexpected disappearance of the erection is when I am having sex with a woman. Normally I have no problems with this, I never had.

This goes on until this day.

Examples

1. When you are in bed you wake up in the middle of the night with a very hard erection, sometimes even painful. There is no memory of having an erotic dream, it is just there.
2. The opposite, your erection disappears, happens, when you are having sex with a woman, and more specifically, when you penetrate her, without any reason. You know this never happened before.

Details

About the forced erection, this is different from waking up in the morning with an erection. The latter is normal for me. I am a man and men like having sex or masturbate, in the morning when I wake up. Attacks on me are 24/7 and continue when I am in bed. Sometimes I wake up from pain when they attack my back, leg or another body part. They are just playing with my erection, maybe they are showing this to other people, maybe they

want to make me masturbate and look at me. Sometimes I masturbate. I never experienced that they were able to give me an orgasm.

About the sudden disappearance of the erection. This started in 2006. Via a dating website, I met a (beautiful) woman. When I saw her I fell instantly in love with her (did I really or was I manipulated, mind controlled?). She started kissing, and we ended up in my place. We undressed but every time I penetrated her, my erection went away. This happened on the couch in the living room but also upstairs in the bedroom. It was embarrassing, I never experienced this before. I apologized, she said it was not a problem. She left in the morning. I met her again, and although I held her, and we kissed, she kept a distance. I spoke her twice on the phone. The voice on the phone was both times so different from what I remembered from when we met. Maybe it was another person. The second time I called her, after our second meeting, she said she did not have the same feelings for me. It was the evening of the parliamentary election day in the Netherlands. Less than one hour later I felt some sort of electric rain. This was the start of my 24/7 electronic torture.

At that time I was gang stalked and sometimes electronic harassed and tortured, including Remote Neural Monitoring. My first thought was that this erection disappearance probably was caused by the controllers.

Because I often masturbate in the morning, I could only conclude I was right that they were messing with my erection. From that moment on, often my erection disappeared while masturbating, this never happened before. I got some Viagra pills to try if this would change anything. It did not, but maybe I did not try this often enough.

When masturbating and having sex, I tried to train myself by focussing on certain things, and was able delay the disappearance of my erection. But was never able to fully prevent this. Fortunately sometimes they did not interfere.

Later, when I had sex with women, sometimes my erection when away, but most of the time I was able to maintain it long enough. I, we, could have nice sex. Until ... they decided to burn me and cook me alive when having sex. Which happened many, many times, in fact most of the time.

Everywhere I was. Again, I learned to accept that they did this, and again I was able to have sex even when being cooked alive. And I learned to focus on the good and not the bad. Insane, but this was the only way to have sex most of the time.

Note that this is written by a man. From female targets I heard that they can also manipulate their sexuality, even give them an orgasm.

Horrible torture.

13. Manipulating 'in love' feelings

23 December 2022

Description

You feel you are in love because when you think of a woman, you have symptoms like, thinking of her all the time, stomach cramps, a warm head, etc.

Started

Somewhere around 2006.

When

Occasionally. Everything is controlled in my life. I do not meet many women. But sometimes they allow me.

Examples

1. You must think of her all the time.
2. When you think of her, you have some kind of stomach pain.
3. You have some kind of stomach pain and then start thinking of her.

Details

After years of being attacked, physically and mentally, I am not really sure anymore if I can make the difference between really in love or being manipulated into an in-love feeling by attacks like beams in my stomach and heating my head, and brain attacks like forced thoughts.

I think I can, but sometimes just fall for it. I am just a man and like women. When I get these feelings, as always, I must force myself to think, analyze. What is happening, what do I feel, is it 'normal', define 'normal'.

Not nice, but also not that difficult after many years of adjusting to all kinds of attacks.

The most terrible thing about this is that the controllers can get what they want with their wonderful mind control technologies. Assume one of them wants to have sex with a some woman. Then they can manipulate this woman into thinking she is in love with him using their hi-tech weapons. Endless possibilities. Disgusting.

14. Digging into your brain

23 December 2022

Description

When they start targeting you, they know a lot about you, but they want to know everything, your deepest secrets, what makes you tick, or what makes you stop ticking.

Started

Somewhere around 2008.

When

Sometimes by periods. At a certain moment they have enough information, know enough.

Examples

1. They make you think about many persons by forcing the names of these persons into your brain. For every name they observe your brain activity.
2. They make you think about many events by forcing the names of these events into your brain. For every event they observe your brain activity.

Details

I must mention that what I write in this section is speculation. It is based on the fact that I sometimes had idea that they were firing (at high speed) all kinds of different thoughts at me, and then later repeating a selection. I may be wrong.

Basic operation is very simple. You send a keyword to the brain and observe its reaction. When the brain has information about this keyword, there is a match, and the brain activity can be described as 'MATCH'. When the brain does not have information about this, the brain activity can be described as 'NO-MATCH'. The brain responds in different ways.

Example: You want to know what women a man knows. Then you force a list of women names into the brain of the man and see the responses.

Once you have these names, you can try to find the type of relationship the man has with these women. GOOD, NEUTRAL, BAD. This can be possible assuming BAD causes bigger brain activity than NEUTRAL, and NEUTRAL causes bigger brain activity than GOOD. Or vice-versa.

Etc.

The person that is 'interrogated' these ways may not even notice that this is done, when the questions are asked random in time.

15. Using your thoughts to blackmail you

23 December 2022

Description

They want to prevent you to do certain things, or want you to do certain things.

Started

Somewhere around 2012.

When

Not often.

Examples

1. They want you to feel uncomfortable at certain moments.
2. They do not want you to organize a conference about covert harassment.

Details

The main activity of a spy is blackmail. When you are targeted, they create a database of your life, every detail is there, including your personal 'dirt' (things you do not want other people to know, you are ashamed of), nobody is perfect.

When they do not want you to do things, they create fear. That they will expose this dirt. They do this to force thoughts about this dirt in your brain.

The whole time. Sometimes they add the physical effects like heating your head, or beaming your stomach. Quite realistic ... unless you know what they are doing.

If you lead a normal life, then you would not think about these things. But being a target, they make you think of it. And at certain moments, keep repeating this.

My 'defense' was to prepare for occasions where someone would suggest, in private or public, that they had knowledge about certain things. That I would not be overwhelmed, shocked, at such a time.

You can imagine that when they attack a person not aware of these technologies, then you are 'finished'.

Finally, another thing they do to let you know that they do not want you to do things is not about thoughts but by simply torturing you by burning, cooking, your body, attacking your heart, etc. They can also zombify you.

And, because they know they cannot stop me, they sometimes also attack other people I know. They don't care.

16. Thought soup to stop you doing things

5 January 2023

Description

They want to stop you to do certain things.

Started

Somewhere around 2018.

When

Sometimes, most of the time when I am in bed, but also sometimes when I am writing about mind control.

Examples

1. When you are in your bed trying to sleep, they want you to get up, or start reading.
2. When you are in your bed researching mind control, they want you to stop.
3. When you are writing a new blog post, article, or letter, they want you to stop.

Details

Most of the time, when they do not want me to sleep, like every day, they attack my body with Directed Energy Weapons. And when they want to stop me doing activities related to mind control, they interfere using noise campaigns, sending me important emails, calling me. Or they just blast me with Directed Energy Weapons.

But sometimes, they also use what I only can describe as ‘thought soup’. They bombard me with all kinds of different thoughts. Very fast, like ‘thought A’, ‘thought B’, ‘thought C’, ‘thought D’, ‘thought B’, ‘thought E’,

'thought A', etc. It is very difficult to keep focus. And if you are in bed, you certainly become very awake.

Warning: you no longer can trust your own thoughts

Published: February 27, 2012, updated: July 23, 2012

This article was published in 2012 on petermooring.nl/blog and stopeg.com

Introduction

This article is not about mind control by manipulating media like news papers, television, internet, music, facebook, creating events, nor is it about mind control by drugging individuals or groups of people. This article also is not about directed energy weapons (DEW) used to create headache, stomach pains, make you urinate, cook your body, etc. Instead this article is about mind reading and mind control using the most advanced (electronics, computer) technology available, i.e. this is about mind reading using wireless (electronic) receivers picking up brain signals and computers processing these signals, and wireless (electronic) transmitters controlled by computers, triggering brain functions. Mind reading and mind control using this advanced technology is reaching its final stages. Extensive research has been performed the last decades to decode what's going on inside our heads and trying to trigger the brain with stimuli from the outside. I call this:

- (Remote) Electronic Mind Reading (REMR)
- (Remote) Electronic Mind Control (REMC)

The technology involved is far more advanced than many of us can imagine, or want to believe. It is very frightening to conclude that your mind is no longer private, that others secretly can obtain your pin codes, passwords, your thoughts about innovative ideas, about other people, about sex, and that others also secretly can trigger your brain to make you act in ways that are not your own. The ones developing all this, experimenting with it, and using (!) this are our national secret services, including military. They use almost random people for their experiments, they use this technology to eliminate activists, whistle blowers, politicians or other people they don't like. All this is against the law, mind reading and mind control both are

horrible human rights violations. Many almost random people, including children, are attacked and mentally and/or physically murdered.

To prevent the truth to reach people like you and me, lots of disinformation is spread, and people who know and understand are attacked relentless and often declared paranoid schizophrenics. Being a (random) target and survivor, I will summarize the current status of this technology below based on my personal experiences and observations.

The human brain, a (bio) electromagnetic transmitter and receiver

Our body continuously transmits energy and this includes the brain. When we think there is activity in the brain. This activity generates signals that can be picked up by sensitive receivers, compare a radio receiver or mobile phone. Trying to receive brain signals can be called tuning in on your brain. If you find it difficult to believe that such equipment can be used from a distance then think missions to planet Mars where sensitive receivers on earth are capable of receiving signals from a spacecraft at 60 million kilometers and vice versa.

Brain mapping is a science used to identify function area's in the human brain, e.g. when you move your right leg, a specific brain area is very active, when you think about sex, another specific brain area is active. The activities can be monitored and recorded for analysis on computers. Once you have identified the area in the brain and analyzed its activity you can try to stimulate this area using signals you previously recorded. The next step is to create your own set of signals, e.g. to make a leg move up. Or to force a thought into the brain. This way we are activating brain functions using external equipment, in other words, we are controlling the mind.

This is not science fiction but many things are already possible today. Many disabled persons will benefit from all this beautiful technology. But unfortunately, this technology also is used for the worse, i.e. to steal, torture, murder, incapacitate.

(Remote) Electronic Mind Reading

(Remote) Electronic Mind Reading is about receiving thoughts from your brain using very sensitive electronic receivers (like a radio receiver) and

decoding these signals using computers and computer programs into statements what you are thinking of. The state of technology of electronic mind reading is at this moment of writing:

- **You have no knowledge that someone is tuning in on your brain** Any person can receive your brain signals without you knowing that this is being done.
- **It is not possible to block the reading of your mind** You cannot turn off your brain, also your brain does not have a firewall. The only way to block the reading of your mind is to use something like a brain signals scrambler, compare a mobile phone blocker. There are reports that e.g. Obama carries such a device with him all the time.
- **Your thoughts can be read from a distance** It is more easy but not required to put a pickup coil on your skull to pick up signals from the brain. An implant is not necessary but can be helpfull to select and amplify signals generated by the brain. Your brain signals can be picked up from at least a few kilometers distance.
- **Decoding your sub-vocal speech, i.e. words spoken to oneself without actually speaking, is easy** Sub-vocal speech causes more clear signals, also speech is a slow process (compared to computing power).
- **It is possible to decode your deeper thoughts but there is more chance of errors here** Decoding deeper thoughts is possible at the moment as well but has it's limitations. It is possible to decode certain words, although not very accurate. Also, because of the massive processing nature of our brain, it is difficult to establish the proper context of words.
- Recent science reports mention reconstruction of images seen through your eyes, but I cannot confirm this. One such a report shows that brain signals from a group of people seeing the same image, shows great similarity. This tells us that reconstruction of images seen by the brain is not very far away.

About image reconstruction from brain signals: Targets of these kinds of attacks mention that secret services agents have technology that enables

them to look through the target's eyes. My own experience is that when you are a target, you are surrounded by agents, monitoring equipment, often aircraft monitoring you, 24/7. One of the things they do is look at what you (your eyes) are looking at. This information is fed back to you by reoccurring identical events/persons, email messages, zaps on your body, etc. Everything is done to make you believe they look through your eyes. I certainly believe this will be possible in very near future, maybe it can be done now, but I have not yet experienced this (and I have experienced a lot).

(Remote) Electronic Mind Control

(Remote) Electronic Mind Control is about triggering brain functions including forcing thoughts into your brain, using transmitters controlled by computers and computer programs. The state of technology of electronic mind control is at this moment of writing:

- **You have no knowledge that someone is trying to control your brain** Any person can send triggers to your brain without you knowing this. You may feel acting strange, like why am I doing this, or what am I doing here.
- **It is not possible to block the control of your mind** You cannot turn off your brain, also your brain does not have a firewall.
- **Your mind can be controlled from a distance** I experienced mind controlled other people when outside meaning that it certainly is possible to trigger your brain from at least a few kilometers distance.
- **It is possible to make you hear voices** Silent sound, V2K (Voice-to-skull), microwave hearing are names given to technology capable of making you hear sounds including voices, not by your ears. Most sound weapons can be aimed very accurate so you hear these voices while people around you do not. Most of this technology is over 25 years old.
- **It is possible to force thoughts into your brain that make you think of someone/something and/or do things** This far more advanced and dangerous method forces thoughts into your brain without you being capable of recognizing the fact that it is not your own thought. It can best be described as a thought that should not be there. Examples: -

You may walk into your kitchen and at the moment you arrive there find it peculiar because there is nothing to do there, you just got up and walked there. - You keep being 'bothered' by a thought that is just a name of a person you know. - You start singing a certain song while there is no reason to sing this song.

- **It is possible to make you dream about certain things** Induced dreams are dreams like normal dreams except that often they are really weird, often including accidents or death, and you can remember almost every detail when you wake up.
- **It is possible to make you sexually excited** Area's of the brain have been discovered to become active when you are having sex. It is possible to activate these area using external stimuli. When you are a man you get an erection. This is also what recent studies showed.

Many, if not all, of the above is also described in detail on the internet by many targets of gang stalking (organized stalking) and electronic harassment (electronic torture). About sexual excitement, when you are a man they also can 'beam-away' your erection within 15-30 seconds using directed energy weapons (DEW).

Protection against (Remote) Electronic Mind Reading and (Remote) Electronic Mind Control

Protection against electronic mind reading is only possible using some kind of scrambler device, sending random signals, or advanced shielding. If you suspect your mind is being read you may want to start thinking different while doing things, e.g. while typing a password or pin code, think of different/random numbers and letters (this is not easy, but you can learn to do this). Also, you can try to think about certain things, just to generate thoughts and keep your attackers busy.

Protection against electronic mind control is possible by being very aware that this can be done to you. Many people listen to this little voice inside their head telling them to do this or to do that. This is something you can never do when you suspect someone is trying to control your mind! **Never**

listen to the little voice inside your head again! You will have to develop extra awareness about your thoughts. When you have a thought, think about it, is it normal to have such a thought? If not, simply discard it and do not think about it again. Electronic mind control is often done to synchronize events. E.g. they make you think about person X, and then have person X call you. This is funny the first time, but such things happening all the time will certainly drive you crazy. They can also monitor your friend in his home and when your friend goes to the toilet, they make you think of your friend and you will call him. Now suppose this happens several times, then your friend will start thinking weird thoughts about you. These are just examples of what can be done. To prevent such incidents to happen, **randomize the time you react to your thoughts (or events)** and sometimes do not react at all. I call this: breaking the loop.

Applications of (Remote) Electronic Mind Reading and (Remote) Electronic Mind Control

Besides many good things, this technology can also be used for the worst. Some examples, individual related:

- Drive a person into schizophrenic behaviour
- Steal by mind reading: bank accounts, pin codes, innovative ideas
- Blackmail a person by obtaining secrets by mind reading
- Mark a person dangerous, based on some thought (many people people have some times)
- Use a random person as a spy, by hearing through his ears and seeing through the eyes
- Create terrorists by feeding their minds with terrorist ideas
- **Torture a person** by letting him/her know that his/her thoughts are no longer private
- Etc.

In addition, this technology can also be used to control groups of people. Example: assume you want a revolution somewhere, e.g. in the U.S.A. Then you just 'transmit' the words 'Obama murderer' to specific areas and have some co-operatives from NGOs triggering the masses by shouting the same (Google: voice of God weapon).

Thought police, spying, remote control animals and human beings

The Thought Police as described by George Orwell's novel *Nineteen Eighty-Four* (1949), has become a reality. They 'search, find and kill members of society who could potentially challenge authority and status quo, even only by thought'. At the time of writing only a limited number of people are watched this way. It is just a matter of time and resources like computers, when this is applied to many.

In 2002 (!) an article appeared that 'NASA plans to read terrorist's minds at airports'. Although NASA said this was just an idea, while experimenting with mind reading, this is not just some crazy idea. In 2004 reports appeared that NASA developed a 'mind-reading' system by decoding words silently spoken to oneself (sub-vocal speech).

In 2008 I wrote an article *Secret service: fear for the truth to be revealed! (18) - Pigeon ON-OFF and other outdoor sounds (crows, dogs, cats, electric (sawing) machines, hammering, motorbikes, coughing, etc.) used with gang stalking and electronic harassment/electronic torture*. In this article I described how pigeons, crows, cats and dogs are used by secret services to murder their targets (by driving them out-of-their-minds). I have experienced (many times):

- Birds that can be turned on and off (instantly) to produce sounds, e.g. pigeon cooing on-off, crows and pigeon screaming on-off (on-off is to synchronize with what I am doing or thinking)
- Birds, pigeons and crows, that can be controlled to fly (screaming) over me, to land in my garden when I walk into my kitchen and look

outside, to crash into my kitchen window and car front window while driving

- Birds, pigeons, that come sit, walk, on the roof of my house when I am upstairs having sex.
- Cats walking by like being programmed
- Barking of dogs, flying away ducks, etc. not by mind control but by beaming these animals with laser beams (directed energy weapons)

Now suppose, they cannot look through our eyes, but that they can look through the eyes of a cat. And they can also mind control a cat, or a bird. Then we have here the perfect spies.

In the 2009 film Avatar by James Cameron, real human beings use their brain to control animals and 'constructed' Na'vis, i.e. androids. They link themselves to the brain of a dragon or an android Na'vi and take over their brain (**brain link**). So when they think 'fly to left', the dragon flies to the left. When they want to talk, they walk or talk they walk with the body of the android and talk via the mouth of the android. Is technology already here that man can control e.g. a cat this way? Already a number of experiments are known where thinking of e.g. raising your arm really can control an artificial arm (prosthesis). I believe an application where man can control a cat by looking through his eyes, hearing through his ears, and controlling the mind of the cat is just a few years away from now. Maybe it is already possible today.

Note that remote control of birds is already possible. Chinese scientists reported this in 2005 and 2007, see links below for article. In 2007 they demonstrated in that pigeons can be implanted with microelectrodes that are used to make the pigeon fly up-down-left-right, so this probably is possible for over a decade. You can control such a bird very accurately e.g. by making a detailed map of (part of) a city and using a computer to make the bird fly over houses, land in gardens, etc. By mounting a camera you can fly the bird like you are the bird, e.g. using a computer screen. I believe it is also possible today to use electrodes picking up your brain signals and controlling the bird, i.e. be the bird.

About Directed Energy Weapons (DEW) attacks

Besides the mind, electronic weapons exist, and are used, that attack the human body. Many of the effects resemble common diseases which is no coincidence as these (often horrible) attacks are carefully designed to avoid suspicion and leave no evidence. A limited list of the effects of these weapons:

- Scratching
- Stomach pain
- Urge to urinate
- Urge to defecate
- Diareah
- Coughing
- Sneezing
- Sleepiness
- Yawning
- Stomach pain
- Kidney pain
- Painful feet
- Painful legs
- Sleeping hands
- Heart attack
- Bubling stomach
- Blurred vision
- Nausea
- Fatigue
- Heating head/body
- Spleen pain
- Muscle pain

- Chest pain
- Blind gut attack
- Back pain
- Racing heart
- Runny nose
- Erection problems
- Toothache
- Headache
- Hearing problems
- Sudden confusion
- Sudden memory loss

Many effects can be achieved suddenly, i.e. within a second, instant coughing, instant sneezing, pain, etc. These weapons are used for over a decade by our national secret services. Often almost random innocent people, civilians, including children, are attacked, experimented upon. Many do not know what is happening and just collapse. Victims come from all over the world but most are from Western countries, they call themselves often targeted individuals.

Human rights and (Remote) Electronic Mind Reading and (Remote) Electronic Mind Control

Mind reading and mind control are against the law. The same is true using directed energy weapons on civilians including children. Some governments may suggest this is not the case but that is just a lie. Every government saying it acknowledges human rights while at the same time using/allowing the use of these technologies on almost random innocent people is a criminal organization and the representatives of these organizations (President, Prime Minister, Secretary of Defense, secret services directors, etc.) are criminals that must be jailed for life.

Links:

- [Electronic Torture \(www.electronic torture.com\)](http://www.electronic torture.com)
- [FBI and NSA PSYCHOPATHS are conducting these NON-CONSENSUAL SECRET, ILLEGAL, SADISTIC, PERVERTED and PSYCHOPATHIC SYNTHETIC TELEPATHY EXPERIMENTS and PSYCHO-ELECTRONIC WEAPON ATTACKS on hundreds of thousands of innocent american citizens](#)
- [Remote control brain sensor](#)
- [Remote Neural Monitoring](#)
- [THE ULTIMATE BLASPHEMY: THE MECHANISMS OF COVERT MIND. READING AND OTHER HIGH TECH CRIMES](#)
- [Mind Control \(www.mindcontrol.se\)](http://www.mindcontrol.se)
- [The Mother Of All Black Ops](#)
- [Secret service: Electronic Mind Control, Electronic weapons used on people surrounding the target WITHOUT them knowing this](#)
- [Secret service: mind rape targets to steal, torture, murder, create enemies \(and call them terrorists\)](#)
- [Gang stalkers and people cookers are murderers, the crimes they commit belong to the worst crimes in history - part 2](#)
- [IBM: Mind reading is less than five years away. For real](#)
- [STOPEG.COM - STOP ELECTRONIC WEAPENS AND GANG STALKING \(Stopeg foundation\)](#)
- [Freedom From Covert Harassment and Surveillance](#)
- [Secret service: fear for the truth to be revealed!\(9\) - use of electronic weapons \(including mind invasive technology\) to suggest psychiatric problems, schizophrenia](#)
- [Timeline: Electromagnetic Weapons, by Judy Wall](#)
- [Brain Zapping Electronic Mind Control, by Jason Jeffery](#)
- [Flight of pigeons remote controlled by chinese scientists using microelectrodes](#)

To all politicians of the world

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of life. They are responsible for most problems in your neighborhood, in your city, in your country, in the world. Make them responsible for what they are doing. Let them account for in detail, force them to open up their organizations for thorough investigations. Stop their funding if they do not co-operate. Replace directors and staff immediately by normal people for starters.

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- [Stichting STOPEG - STOP Electronische wapens en Groepstalking:](http://www.STOPEG.nl)
<http://www.STOPEG.nl> (in Dutch)

Mind rape targets to steal, torture, murder, create enemies (and call them terrorists)

Published: August 27, 2009, updated: July 23, 2012

This article was published on petermooring.nl/blog and stopeg.com.
Original title: Secret service: fear for the truth to be revealed!(25) - mind rape targets to steal, torture, murder, create enemies (and call them terrorists)

Again this article is based on my personal experiences and observations. Gang stalking (organized stalking) and electronic harassment/electronic torture can be considered the tools to enter the mind of a secret services target. They are used to drive the target out-of-his-mind, insane, resulting in suicide, collapse into a psychiatric patient, criminal behaviour, i.e. they are used to mentally or physically murder the target. Mind control is a crime, maybe the most terrible imaginable crime. Mind control can also be used to make a person hate his government, the royal family, to create enemies (and call them terrorists), please read below.

General introduction to mind reading, mind control, mind rape

Mind control is a controversial subject most importantly because more desinformation has been released about mind control than with any other subject. **Mind control is very real however and was performed by our national secret services yesterday and is performed by our national secret services today!** Mind control is about the controlling the mind and can have a lot of appearances. You might be controlled by subjective propaganda in your favorite news paper, or on your favorite television channel. But you may be brainwashed by certain drugs or voices beamed into your head because some people do not like you. A lot has been written on this subject. I quote parts of some books, reports, documents below, for more information just google the internet.

From [THE RAPE OF THE MIND](#) by Joost A. M. Meerloo:

The rape of the mind and stealthy mental coercion are among the oldest crimes of mankind. They probably began back in pre historic days when man first discovered that he could exploit human qualities of empathy and understanding in order to exert power over his fellow men. The word "rape" is derived from the Latin word *_rapere_*, to snatch, but also is related to the words to rave and raven. It means to overwhelm and to enrapture, to invade, to usurp, to pillage and to steal.

The modern words "brainwashing," "thought control," and "menticide" serve to provide a clearer conception of the actual methods by which man's integrity can be violated. When a concept is given its right name, it can be more easily recognized and it is with this recognition that the opportunity for systematic correction begins.

From [Terms Other Than Mind Control](#):

One problem with the term "mind control" is the "kook" association. This association/stereotype is reinforced in some of the popular culture -- as well as by certain victims (or provocateurs) who sound "crazy." [There are cointelpro-style provocateurs who want to keep the real victims discredited, if possible, because they work as a damage control unit for the victimizers.] Many other people encountering the term "mind control" are just citizens who are purposely kept ignorant of the known and documented history of mind control -- as well as the state of the technology right now.

From [Hearing Voices](#) from the blog Artificial Telepathy

The problem is that artificial telepathy provides the perfect weapon for mental torture and information theft. It provides an extremely powerful means for exploiting, harassing, controlling, and raping the mind of any person on earth. It opens the window to quasi-demonic possession of another person's soul.

When used as a "nonlethal" weapons system it becomes an ideal means for neutralizing or discrediting a political opponent. Peace protestors, inconvenient journalists and the leaders of vocal opposition groups can be stunned into silence with this weapon.

Artificial telepathy also offers an ideal means for complete invasion of privacy. If all thoughts can be read, then Passwords, PIN numbers, and personal secrets simply cannot be protected. One cannot be alone in the bathroom or shower. Embarrassing private moments cannot be hidden: they are subject to all manner of hurtful comments and remarks. Evidence can be collected for blackmail with tremendous ease: all the wrongs or moral lapses of one's past are up for review.

From [Operation Mind Control \(exerpts from\)](#) by Walter H. Bowart

The CIA succeeded in developing a whole range of psycho-weapons to expand its already ominous psychological warfare arsenal. With these capabilities, it was now possible to wage a new kind of war—a war which would take place invisibly, upon the battlefield of the human mind. ... [p. 19]

Mind control is the most terrible imaginable crime because it is committed not against the body, but against the mind and the soul. Dr. Joost A. M. Meerloo expresses the attitude of the majority of psychologists in calling it 'mind rape,' and warns that it poses a great 'danger of destruction of the spirit' which can be 'compared to the threat of total physical destruction . . .' ... [p. 23]

Personal introduction to mind reading, mind control, mind rape

As most of the articles in my blog, this one also is based on my personal experience and observations. Shortly after the attacks on me started in 2000 I told a friend that they wanted to enter my head, my mind. I did not know about mind control, mind reading, gang stalking (organized stalking), electronic harassment at that time. But that is how it felt then, and I think it was a good summary of what was being done.

I managed to keep the bastards out, but it took me about three years to adjust my way of thinking. I did this by learning of the evil cowards that make up our national secret services, of their beyond imagination crimes. I could not believe things like this were done and police looking the other way. I also learned about beyond imagination mental and physical pain inflicted on me, about fear. But now I know who they are and what they are.

Only after accepting these facts I was able to develop what I call a new part of me. This new part allows me to switch on-the-fly between normal life and the life a person should not have to live. So, you can say I am not mind controlled or mind altered but that I developed a new extra piece of mind optimized to deal with the psychopaths of our secret services.

You may want to read about gang stalking (organized stalking) and electronic harassment first. Next read about mind reading and mind control below so you will know when you, a family member, a friend, etc. is being attacked/hit.

Note that I do NOT suggest that people around a secret services target all are mind controlled. They may as well (for whatever reason) be cooperating with these sick and disturbed creatures.

Gang stalking and electronic harassment are mind rape

Gang stalking (organized stalking) and electronic harassment/electronic torture are illegal methods and techniques often used by our secret services to eliminate their targets. These methods and techniques are used to drive the target into such a state of insanity that he/she commits suicide, collapses as a psychiatric patient, commits a crime or collapses/dies of continuous suffering, in other words, the world must believe something was wrong with him/her.

Gang stalking and electronic harassment are tools that are used to murder a person mentally or physically. Not in a moment of rage but systematically, like turning pages in a book, we are talking about premeditated murder here. The mind of the target is forced into such a state that he/she will do everything to get rid of this mental and/or physical torture. **Gang stalking and electronic harassment are used to rape the mind of a target over and over again until the target collapses mentally or physically.** Note that a target may be murdered by other traditional methods as well like constructed car accidents, poisoning, drugging, induced diseases, directed energy weapons (heart), etc. See also:

[Secret service: fear for the truth to be revealed!\(17\) - Gang stalkers and people cookers are murderers, the crimes they commit belong to the worst crimes in history.](#)

State-of-technology

By experience I know high tech equipment exists to monitor human body muscle movement, brain. I do not know if you have to be chipped to be a proper transmitter but personally believe this is not necessary.

Let me give you an idea of the sensitivity of this through-wall monitoring equipment by the following examples:

- **Detection of body movement**

When you are a target of gang stalking (organized stalking) the attackers try to drive you insane by reacting to everything you do most of the time being your body movements. Raise your arm and a door at a neighbor house is slammed, every time you turn on the other side in bed a dog somewhere outside barks, etc.

- **Detection of minimal breathing changes**

If you hold your breath in bed a little bit longer than normal, a sound is made somewhere in your house. This is pretty amazing but it is only a fraction of what can be done.

- **Detection of closed eyes eye movement**

Now you lay completely quiet in your bed, you relax and breath normally, your eyes are closed. With your eyes closed and relaxed turn

your eyeballs without moving any other body part, without changing breathing, etc. At the same time you turn your eyeballs a sound is made, e.g. a bang on the wall, someone coughing outside. This is not a coincidence, every time you try this, a reaction follows.

Of course this reacting can be classified as horrible torture, violation of all human rights, and the ones applying this kind of torture are the sick and disturbed of the planet, garbage of society.

But it is equally important to recognize the existence of such equipment and what can be done with it. **The human body (including its brain) is an electromagnetic transmitter and high tech equipment is available to pick up its signals.** Technology has been developed and refined the last decades. Advances in computer technology make it possible to decode these signals from the human body when reading or controlling the body and mind. Also, because most of this technology uses high frequency bands, **the walls of your house or office are no barrier for these signals and distances can be hundreds of meters.** Compare a mobile phone used inside your house, you can receive calls and dial the number of a friend.

Mind reading

I have never experienced other mind reading than mind reading based on subvocal speech. Subvocal speech is based on the fact that most (jaw) muscle movement is identical to speaking when speaking silently to oneself. When we think we often talk to ourselves without speaking the words. High tech equipment receives these muscle movements and translates into words. This really must be a not too difficult technique to apply.

Mind reading may be done covert, i.e. without the target knowing about it. Some years ago a Russian military officer said that they had done mind reading on President Boris Yeltsin and had prevented him to speak about a certain subject.

If they want to torture the target they let the target know that they are reading his mind. After the attacks started in 2000 and I was being watched

24/7, my thoughts were the only thing private. Then I got feedback about what I was thinking, a truly horrible experience, all privacy gone. After recovering from this discovery I did a lot of testing, what could they read, could they see what I saw, etc. It is not everything you think of they can read. It is in fact possible to send different information, wrong information to your mind readers.

Mind reading used to torture and murder is just another example of the horrible crimes committed by your national secret services.

Mind control

Because of the attacks on me I now have a lot of personal experience with mind control. Emails referring to things in your life, people walking by talking words relating to your life, people staring at you everywhere you go, phone calls when you want to leave, traffic jams to make you miss appointments, preventing you to sleep, pigeons flying over you screaming when you leave your house (even crashing into your windows or car), poisoning, coughing on tv to react, in fact an endless list of criminal activities. I am not influenced very easy by these kind of things but must add that probably every person can break if applied with methods that make you very tired, exhausted.

There have been three types of mind control based on electronic weapons I believe I have been subjected to:

- **Hearing voices**

They force voices or sounds into your head. When the attack on me started in 2000 and I was on the beach, voices of people I could see but could not have heard because of the distance, came to me crystal clear. An amazing experience. Much later, something alike was done when I was in the swimming pool, with my ears under water I could hear sounds as if above water. These effects may be easy to accomplish using infrasound (there is an mp3 player for swimmers. They just vibrate your bones, your skull).

- **Induced dreams**

They make you dream about certain things you normally do not dream about. Not too long ago I woke up with an exceptional memory of a dream I had. I had induced dreams some years ago and maybe their common characteristic is the level of detail you can remember from these dreams. You do not have to dig to get the full story, it is there already. Induced dreams are very common for gang stalking and electronic harassment victims.

- **Forcing a thought into your brain**

There were occasions where a thought kept returning many times a day for a period of 1-2 weeks. But it was easy to force it away. When this happened I had to think about reports of mind control victims and thought that perhaps they were forcing some thoughts or patterns into me too. Having read about mind control, it made me think that it may have been induced by electronic devices aimed at my head. Though not 100%, I am 95% certain that it was induced like the induced dreams.

So here we have other methods used by our secret services to (illegally) control human beings. If you do not know about this technology and its capabilities than you will be confused, may be following the thought that was planted into your brain. Or you may start to believe that you are not normal thinking so much about a subject, may be a man, a woman, an event in your life. You may be forced thoughts into your brain and never knowing the difference from normal thinking. This way people can be controlled e.g. in their attitude against other people, e.g. a secret services target.

It is also possible this way to covertly set up someone to hate the royal family, to hate their government, some well-known person. I leave it to your imagination what you can do more when applied with other more conventional mind control methods like secret services agents saying certain things, creating events to influence. **This certainly is a way to create enemies (and then call them terrorists) and I believe it is being done this way .**

Children may be very easily controlled by beaming voices into their heads, especially small children as they have no reference to what is normal. This can be done to have the child react to an event in the life of gang stalking (organized stalking)/electronic harassment target. For example, a secret services target is thinking of person X and his sub-vocal speech is read, and then within 30 seconds the child says something about person X. If this is a pattern then the child can be assumed mind controlled and used to drive the secret services target out-of-his-mind. Another example might be to set up a child against one of the separated partners, etc.

Mind rape

Mind reading and mind control sometimes is referred to as mind rape. The reason is that in general mind reading is not used to observe but instead to control a person in illegal ways or to inflict maximum damage (including death) to a person.

From [Operation Mind Control \(exerpts from\)](#) by Walter H. Bowart:

Mind control is the most terrible imaginable crime because it is committed not against the body, but against the mind and the soul. Dr. Joost A. M. Meerloo expresses the attitude of the majority of psychologists in calling it 'mind rape,' and warns that it poses a great 'danger of destruction of the spirit' which can be 'compared to the threat of total physical destruction . . .'
... [p. 23]

To stop mind rape we have to stop our national secret services

The human mind has no firewall like a computer meaning that we human beings are extremely vulnerable to mind reading and mind control. The computer revolution empowered enormous progress in decoding brain and body transmissions, as well as in generating transmissions that can influence brain and body. Technology and equipment have been annexated by (Western) governments and are further developed and used by military and national secret services. We are at a point in history where the scale, reach, capabilities of these devices has become such that measures must be

taken to prevent misuse because that is exactly what is happening right now.

Although attacking the mind of a person is a very serious crime under current law, it is good to implement new laws specifically addressing the attack of the mind. Also methods and equipment must be developed that can be used to detect and disturb e.g. cheap detecting devices that can be used by police and citizens also to be used in a court of law, and devices to jam or scramble our own important brain frequencies (preventing scanning of the brain), etc.

Secret services are NOT good, in fact nothing is good about them. They have become depots of psychopaths, murderers, child abusers. It is against the law to perform mind reading, mind control, mind rape, on a person, it is a violation of human rights. Still they do it because the culture has become that everything can be done what cannot be proven (and if someone tries to prove it, he or she is simply eliminated). This is not normal, it is a crime, it is sick.

We cannot rely on secret services changing by themselves, why should they. They don't want investigations, they don't want to go to jail. We have to disassemble them ourselves, break them apart. Jail them for the people they have murdered, for the lives of children they have destroyed.

Links

- [THE RAPE OF THE MIND](#) by Joost A. M. Meerloo
- [Terms Other Than Mind Control](#)
- [Hearing Voices](#) from the blog Artificial Telepathy
- [Operation Mind Control \(exerpts from\)](#) by Walter H. Bowart
- [The FEDS Use Of Demonization Tactics Is Key To Destroying A TI's Relationships](#) by James F. Marino

- [MICROWAVE HARASSMENT AND MIND-CONTROL EXPERIMENTATION](#) by Julianne McKinney
- [Project MKULTRA](#) on Wikipedia
- [Declassified MK-Ultra Project Documents](#)
- [Secret service: fear for the truth to be revealed!\(19\) - Mind reading: the ultimate torture method](#)
- [Secret service: fear for the truth to be revealed!\(9\) - use of electronic weapons \(including mind invasive technology\) to suggest psychiatric problems, schizophrenia](#)

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About me

My targeting started in 1997, became 24/7 in 2000 and goes on until this day (2022).

It never stopped because I never (fully) collapsed. The aim of the targeting in the beginning was to eliminate me. To collapse me into a psychiatric patient, to make me commit suicide, to make me commit a constructed crime. There were many constructed car-accidents.

I labeled the ones doing this immediately at the beginning murderers. They aimed to cause my physical or mental death. My targeting continues because they do not want to go to jail. Are they really that bad? Yes, the ones organizing and executing this are mass-murderers. They don't care. Why I am still alive? Because the ones organizing and executing this are related to the government. And because I was lucky.

Timeline

1997	Leaving company X. Beginning of strange events in my life that became increasingly frightening.
2000	(May) Start of 24/7 stalking, never stopped.
2002	Letter to Balkenende, Prime Minister of the Netherlands, telling him that I was being physically/mentally murdered by the Dutch secret service (defined as the secret services operating in the Netherlands), asking him to stop these crimes against me, track down the criminals and enable me to have them locked up for life. My letter was forwarded to the Ministry of Justice and from there to the Dutch secret service, AIVD, who replied after a few months that there was nothing against Peter Mooring. like grading your own exam.
2003	Discovered around this time that (very limited) things were being done to me and people around me that could only be done with Directed Energy weapons.
2004	Discovered around this time that I was connected to some sort of

	computer. This is what is also called Remote Neural Monitoring.
2005	After surviving for five years, I was finally able to go back to doing other things while the 24/7 attacks continued. Put website groepstalking.nl online. (groepstalking = gangstalking)
2006	(November) Start of 24/7 electronic torture, never stopped. This was on the evening of November 22, the day of the (parliament) elections.
2007	(May) My website groepstalking.nl appeared on GeenStijl, a popular Dutch news website. Finally media attention. Unfortunately, shortly thereafter there was a prolonged power outage in Hilversum (national broadcasting center) due to an error in excavation work. Coincidence.
2007	(July) Founding of my Foundation STOPEG (STOP Electronic weapons and Gang stalking): stopeg.nl, stopeg.com, ... Put website elektronischewapens.nl online. (elektronischewapens = electronicweapons).
2007	Placed small advertisements in national newspapers: SAVE DEMOCRACY. Look at stopeg.nl, groepstalking.nl, elektronische wapens.nl, petermooring.nl Info 0641243030.
2008	Discovered that sometimes people seemed to be able to 'read' my thoughts. Targeted Individuals (agents?) made appointments with me and doing experiments.
2009	Discovered that the attackers could force thoughts into my head (not voices, I never heard voices in my head). And they did this not only to me, but also to some people around me.
2009	(May) A Targeted Individual stayed with me for a few days. He told me that he believed the attackers forced songs into his head. He also pointed out the meaning of certain songs. From that moment on the attackers also forced songs into my head, related to events or thoughts. For example 'Waarheen, waarvoor' (a well-known song played at funerals) when I was in a lot of pain again.
2013	Start of TI-meetings, meetings of victims in the Netherlands.
2014	Covert Harassment Conference 2014, November 20, 2014, Brussels (organized by STOPEG). A few hours before the start of the CHC2014 on November 20, 2014, Myron May, a well-known Targeted Individual, was shot dead after opening fire

	<p>on a number of people. Coincidence.</p> <p>After CHC2014 ended, I asked Rauni Kilde (Rauni-Leena Luukanen-Kilde) if she would like to speak at CHC next year. She said gladly. Later, in December 2014, I received an email from her that she was "cooked to death" with DEW. She passed away a few months later.</p>
2015	<p>Covert Harassment Conference 2015, October 1-2, 2015, Berlin (organized by STOPEG).</p> <p>A week before the conference, the partner of the main speaker, Nick Begich, had to go to the hospital totally unexpectedly. Nick decided to come one day instead of two.</p> <p>During CHC2015 on October 1, 2015, there was a mass shooting in Oregon, United States (Umpqua Community College shooting), which left 10 dead. Coincidence.</p>
2017	<p>Oprichten politieke partij 'Beter Wereld Partij' (december 2016) gevolgd door een soort van (autoimmuunziekte) Psoriasis Gutata in het extreme. Niemand weet hoe je het krijgt en niemand weet hoe je er van af komt. Mijn hele lichaam was overal opgezwollen. Het vel van mijn opgezwollen armen barstte open.</p> <p>Founding political party 'Better World Party' (December 2016) followed by some kind of (autoimmune disease) Psoriasis Gutata to the extreme. Nobody knows how you get it and nobody knows how to get rid of it. My whole body was swollen everywhere. The skin on my swollen arms was bursting open. It took many months before recovering from this.</p>
2018	<p>The beginning of my (continous) throat cooking. This went on for at least about 2 years non-stop.</p>
2019	<p>Three to four months some sort of permanent triple pneumonia while I knew it was radiation. Suddenly it was gone, click off. At the end of the year Corona was discovered in China.</p>
2020	<p>Face burning for months.</p>
2021	<p>I was able to file a police report. I was shot in my calf with Directed energy weapons in the fitness when running on treadmill, as a result I could not run anymore, because I never give up, I continued walking slowly and building up again. Happened many times.</p>
-	<p>Over the years, all kinds of experiments were performed on me. A number of them I later saw again happening to well-known people, such as the 'heart attacks' from de Hoop-Scheffer (NATO-chief), Sarkozy (President of</p>

France). The kidney and heart problems of Holleeder (murder suspect), the collapse of Gerda Verburg (Minister) and Bruno Bruins (Minister) in the Lower House.

Note(s):

- In the timeline, I only mention the 'highlights'. The attacks go on 24/7, second-by-second.
- I won't be the only one they experiment on. They will do this to several people and observe the effects.
- Mind reading, thought forcing, seems to coincide with the start of 'large scale' experiments, see statements by Dr. James Giordano in the video 'The Brain is the Battlefield of the Future' (YouTube).
- With the methods and technology used, you can also turn someone into a 'terrorist'/'shooter'.